

Watercrest Weekly Meal Menu (March 2-March 8)

DAY	BREAKFAST	LUNCH	DINNER
MONDAY • March 2	Biscuit & Sausage Gravy Eggs Grits Fruit Cup Avocado Toast	Pasta Fagioli Soup Beef Stroganoff Egg Noodles Turnips Maple Bars	Soup of the Day Arugula Salad Chicken Saltimbocca Gnocchi Peas Roll (TO GO ONLY)
TUESDAY • March 3	Quiche Lorraine Bacon Yogurt Parfait French Toast	Chicken Noodle Soup BBQ Ribs Sweet Potato Wedges Seasoned Greens Lemon Bar	DINNER-\$20 Jerk Chicken Coconut Shrimp Rice & Peas Cabbage & Carrots Rum Cake (DINE IN ONLY)
WEDNESDAY • March 4	Breakfast Croissant Sandwich Yogurt Parfait Avocado Toast	Pistou Soup Artichoke Chicken Couscous Roasted Beets Tapioca Pudding w/Whipped Topping	Chicken Noodle Soup Pasta Fagioli Broccoli Roll German Cake (TO GO ONLY)
THURSDAY • March 5	French Toast Grilled Ham O'Brien Potatoes Fruit Cup	Butternut Squash Soup Roasted Turkey Mashed Potatoes Roasted Vegetables Fruit Medley	Broccoli Cheddar Soup Fried Chicken Mac and Cheese Greens Assorted Dessert (TO GO ONLY)
FRIDAY • March 6	Eggs Bacon Donut Mini Danish	Almond Baked Fish Parmesan Orzo Peas & Pearl Onions Oatmeal Butterscotch Bar	Salad Soup of the Day Fish of the Day Rice Pilaf Broccolini Pound Cake (TO GO ONLY)
SATURDAY • March 7	Grab and Go	Vegetable Rice Soup Maple Dijon Pork Haricot Verts Spice Cake	